

GET BAKED



SHEETPAN 11 PANCAKES

6 pieces of sheetpan pancakes in choice of 3 flavors served with butter and maple syrup
- plain
- blueberry
- pumpkin with candied pecans

add toppings +1 each
nutella, sliced bananas, mixed fruit, candied pecans, bacon, whipped cream

CINN-A-PULLS 12

sharable pull apart mini cinnamon rolls with spiced cream cheese icing

CANDIED BACON 7.50

candied bacon with spicy maple dipping sauce

OMELETS

BACADO OMLETE 7.50

omelet with bacon and mozzarella, topped with smashed avocado, scallions and adobo salsa

VEGGIE OMLETE 7.50

omelet with spinach, goat cheese and olives, topped with heirloom tomatoes and pickled onion

BYO OMELET

build your own omelet masterpiece from your choice of 3 veggies/cheeses and 1 meat:

mozzarella, american, parmesan, spinach, roasted red peppers, red onion, caramelized onion, corn, black beans, heirloom tomatoes, kalamata olives, smoked ham, chorizo, bacon, chicken, steak

starting at 7.50

SAMMIES



HOT HONEY CHICKEN 7.50

buttermilk biscuit with cornmeal dusted chicken tender smothered in hot honey

BEC OR SEC 6.50

buttermilk biscuit with choice of bacon or sausage plus over-easy egg and american cheese

BFAST BURGER 10

steak burger with melty american, bacon, over-easy egg and dijonaise sauce on a King's Hawaiian bun

AVO TOAST 4

open-face seeded bread slice with smashed avocado, topped with an over-easy egg, pickled onion and everything bagel seasoning

WAFFLES



THE BELGIAN 10

belgian style waffle served with butter and maple syrup

THE CLUCKER 14

belgian style waffle with 2 cornmeal dusted chicken tenders served with butter and maple syrup

BYO WAFFLE

make your own waffle with any 2 toppings +\$1 for each additional topping

nutella, mixed fruit, candied pecans, sliced banana, peanut butter, bacon, whipped cream, seasonal toppings

starting at 10

BOWLS & SALADS



FIRE & ROOTS BOWL

seasoned potatoes, caramelized onion, roasted red peppers, fresh spinach, steak, gochujang sauce and 2 over-easy eggs

13

RISE & SHINE BOWL

seasoned potatoes, pickled onion, fresh spinach, parmesan, roasted chicken and 2 over-easy eggs

11

BACON ROYALE SALAD

a twist on a classic caesar...romaine, parmesan crisps, grated parmesan, black pepper, bacon, heirloom tomatoes and parmesan dressing

10

ABC SALAD

apple, bacon and cranberries with romaine, pickled onion, goat cheese and candied pecans and apple vinaigrette

10

BEVERAGES

choice of non-alcoholic and alcoholic drinks

MIMOSAS

orange, pineapple or seasonal juice with prosecco or get all 3 juices + a bottle of prosecco

8 / 39

CRAVE WHITE SANGRIA

house-made sangria with moscato, fresh fruit, mint

8

HOT BREWED COFFEE

fresh brewed regular or decaf with array of syrups and milks

3.50

HOT TEA

hot tea selection

2.50

FRESH FRUIT SALAD

berries, apples & oranges with honey poppyseed dressing

3

ROASTED POTATOES

seasoned potatoes cubes

3.50

BISCUITS

side of 3 biscuits

2.50

FLATBREAD PIZZAS

+\$2 GF Crust available



CHORIZO HEAT

adobo sauce, mozzarella, chorizo, scallions, 2 over-easy eggs and hot sauce drizzle

12.50

SUNNY SIDE

garlic butter, three cheese blend, bacon, 2 over-easy eggs and scallions

11

TRIPLE CHEESE

red sauce, mozzarella, provolone and parmesan

11

BUFF'D BLAZE

buffalo sauce, roasted chicken, three cheese blend, green onion and ranch drizzle

12

PEPPOLICIOUS

red sauce, pepperoni and three cheese blend

11



SMOOTHIES

add a supplement +1

pea protein, energizer, whey protein, flax meal, chai seeds, ceremonial matcha, flax coated dates, cacao nibs

SEASONAL

PUMPKIN CHAI

pumpkin, chai blend, dairy base

7

BANANA CHAI

chai, banana, dairy base

7

WINES

	Glass / Bottle
Proverb Cabernet Sauvignon	6.75 / 25
Proverb Chardonnay	6.75 / 25
Proverb Merlot	6.75 / 25
Proverb Pinot Grigio	6.75 / 25
Proverb Rose	6.75 / 25
Canyon Road Moscato	6.75 / 25
La Marca Prosecco	9 / 36
Prosecco Mimosa Single / Kit	8 / 39



BOTTLED BEER

	Single / Bucket		Single / Bucket
Bud Light	5.50 / 25	Corona Extra	6.50 / 30
Michelob Ultra	5.50 / 25	Guinness	7 / 32
Miller Lite	5.50 / 25	Jai Alai IPA	7 / 32
Yuengling	5.50 / 25	Modelo Especial	6.50 / 30
Heineken 0.0 NA	6 / 28	Stella Artois	6.50 / 30
Ology Rainbow Colored Glasses	8 / 36		
Ology Sensory Overload	8 / 36		

DRAFT BEER

	Single / Pitcher
Angry Orchard	6 / 20
Proof Mango Wit	6 / 20
Sam Adams Octoberfest	7 / 22
Blue Moon	7 / 22



SELTZERS

	Bottle / 5 Bucket
High Noon Pineapple	6.50 / 30
High Noon Watermelon	6.50 / 30
High Noon Peach	6.50 / 30

FROZEN

Piña Colada	6
Margarita	6
Froze	6
Spiked Lemonade	6

DRINKS

Lemonade	3.50	Coca-Cola	2.75
Strawberry Lemonade	3.50	Diet Coke	2.75
Mango Lemonade	3.50	Coke Zero	2.75
Fresh Brewed Tea (sweet & unsweet)	3.50	Sprite	2.75
Fiji Bottled Water	2.50	Barq's Root Beer	2.75
Red Bull	5.00	Dr. Pepper	2.75
Red Bull SF	5.00	POWERADE	2.75

SMOOTHIES

7

DRAGONBERRY

dragonfruit, strawberry, pineapple, lime

MATCHACHA

matcha tea, pineapple, mango, orange, lime

MANGO TANGO

pineapple, mango, banana, orange

SUPER BERRY

acai, blueberry, strawberry

PEANUT POWER

peanut butter, banana, dates, flax meal, cacao nibs, protein powder, dairy base

CITRUS BERRY POP

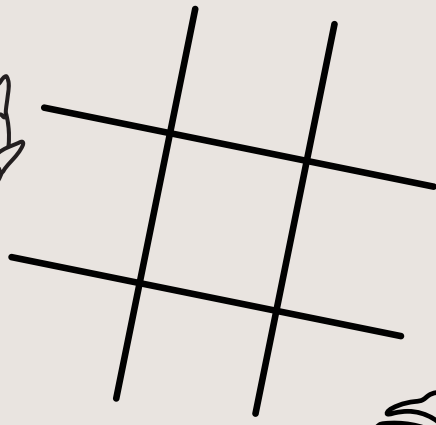
strawberry, pineapple, mango, orange

STRAWBANA

strawberry, banana

GREEN GLOW

spinach, ginger, pineapple, mango



HOW MANY
FRUITS
CAN YOU FIND?



I spy

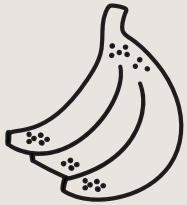
WORDSCRAMBLE

INPLEPAPE

OCNOTUC

AMNGO

NAABAN



KIDS MENU

choice of drink

SCRAMBLED

2 scrambled eggs with choice of cheese and a slice or bacon or sausage patty

6

WAFFLE

half of a belgian waffle with butter and maple syrup

5

BAKED PANCAKE

3 slices of sheetpan pancakes in your choice of flavor with butter and syrup

5

